

# **PARKWAY NORTH WRESTLING**

## **SIGN UP**

**First Practice  
November 7th**

- **Be a part of an elite group of student-athletes**
- **Improve physical wellbeing**
- **Improve mental wellbeing**
- **Gain skills that will help you win at life**

### **What it takes to succeed in wrestling**

- 1. Positive attitude**
- 2. Good work ethic**
- 3. Desire to achieve Greatness**

## **Who we are looking for:**

- **Any student who wants to join**
- **Every member is an important member of our team**
- **You do not need previous athletic experience to join**

## **NEXT STEPS**

- 1. Go to the Parkway North Athletics website and complete the steps in PRIVIT.**
- 2. The PRIVIT process will include uploading your bi-yearly physical from your personal doctor.**
- 3. Participants in Fall Sports only need to go on PRIVIT and check the participation box for “wrestling”.**
- 4. If you need more information contact Coach Bourke at [sbourke@parkwayschool.net](mailto:sbourke@parkwayschool.net)**